

Leongatha Little Athletics Club – Newsletter No 3 2009

Club Website

We hope you have all had the chance to check out our new website – www.leongathalac.com. With the on going cost of printing & stationary, all information including changes to the program, newsletters, rosters, Championship information, fundraising etc will be posted on the website. Please check the website regularly for updates. Any meet cancellations will also be posted on the website by 8.30am.

Gippsland Region Relay Championships

Our club participated in the regional relay championships at Newborough on Sunday 15th November. It was a thoroughly enjoyable day. The weather was perfect and all the children participated with much enthusiasm. It was great to see the children work so well together as a team, and to get up have a go. Well done to all the children who attended. Thank you also to the parents for their help on the day. The Under 11 Boys, 12 Boys & 15 Girls have qualified to compete at State Relay Championships (13th December) and we wish them well. The timetable, parent roster & all other details are posted on our website.

Gippsland Region Track and Field Championships

The Gippsland Region Track & Field Championships will be held Sunday 21st February, 2009, at Newborough. Entry forms can be downloaded from our website or if you do not have access to the internet they will be available at the table at Saturday's competition. Entries close on Saturday 12th December 2009. This is a fantastic opportunity for members of all ages & abilities to compete on the synthetic surface at Newborough & to make friends from other Gippsland Region Centres.

SPC Fundraiser

The committee is running an SPC (canned fruit) fundraiser to help raise funds for much needed equipment for the club. Order forms will be available on the website or at the table over the next 2 Saturdays. Forms and money are to be returned by **Saturday 12th December**. We thank all members in anticipation of your support.

IGA Docket Competition

The IGA docket competition continues. Our Club collected \$140,000 worth of docket for the month of October. We would love to hear from parents who can spare some time to add up a bag of docket. Bags are available at the desk each Saturday for tallying. We have the opportunity to claim the \$5000 equipment prize. Keep collecting!!!

IGA Market Day

On Thursday 10th December is IGA Market Day. This is a great opportunity for our Club to gain extra reward points. IGA customers can donate their points earned for Market Day only. We require some parents to hand out “reward tags” to customers. Even if you can spare an hour of your time it would be greatly appreciated. Please see Michelle Evans at the table to be added to the roster.

Notices

Members are reminded to keep an eye on the noticeboard. The noticeboard is located near the table with information regarding changes and upcoming events. Newsletters and parent helper rosters are located at the table.

A roster is also being formulated to help set up &/or pack up. If you are able to help, please leave your details at the table.

Email Contact

If you are not receiving newsletters and parent helper rosters via the email and would like to, please leave your details at the table.

IGA Patches

A reminder to all members to ensure children are wearing the IGA patches. The small red IGA patch is to be sewn onto the centre back of the blue shirt, approximately 4cm from the collar. The larger white patch, displaying name and age group is to be attached to the front of the blue shirt. It is a requirement of the VLAA that all competitors wear the two patches. We thank you all for your assistance in this matter.

Training and Coaching

Training is held every Monday at 4.15pm at the velodrome. Training enables the children to be taught correct techniques for each event. Parents are required to supervise their own children at training night.

If any adults are interested in **coaching**, please see David Green.

Victorian Squad Representatives

Congratulations to Wesley Graeme, Julian Patterson and Shane Byrne who will be representing Victoria at the Australian Primary School Sports Association National Championships. The championships are to be held in Sydney from 29th November – 2nd December 2009. We wish all the boys the best of luck!